

MID-SESSION STUDENT PERFORMANCE ASSESSMENT

Intern's Name _____ Date _____

Agency/Business _____

Agency/Business Supervisor _____

To be completed by the Agency/Business Supervisor, reviewed with the Student and returned to the University Supervisor. TO BE COMPLETED MID-SESSION.

Please use the rating scale below in evaluating the Intern. Your comments are invited on page 4 of this form.

1 = Unsatisfactory: Completely unsatisfactory performance in criteria.

2 = Below Average: Not consistently satisfactory in criteria.

3 = Average: Adequate out no more than satisfactory.

4 = Good: Consistently better than satisfactory in criteria.

5 = Excellent: Meets top expectations of criteria.

0 = Inadequate information or does not apply.

NOTE: Please check the appropriate box.

PERSONAL COMPETENCIES

Judgement	1	2	3	4	5	0
Knows his/her limitations, when to ask for help						
Can distinguish between important and unimportant matters						
Analyzes situations to consider possible results						

Adaptability	1	2	3	4	5	0
Capable of meeting new situations calmly						
At ease with people of all ages						

Emotional Maturity	1	2	3	4	5	0
Is well poised, shows self-control						
Understands behavior in self and others						
Has an even temperament and a happy disposition						
Has a philosophy of life that contributes to improvement of own life and that of others, and lives by it						

Enthusiasm	1	2	3	4	5	0
Eagerly pursues jobs						
Keenly interested in things and people						

PERSONAL COMPETENCIES (continued)

Alertness	1	2	3	4	5	0
Sensitivity to participant activities						
Immediately see the needs of a situation						

Dependability	1	2	3	4	5	0
Punctual and efficient						
Carries work through to completion						

Initiative	1	2	3	4	5	0
Demonstrates foresight and anticipation						
Starts jobs without suggestions or prodding						
Takes responsibility for beginning action						

Appearance	1	2	3	4	5	0
Neat and well groomed						
Appropriately dressed						

Cooperation	1	2	3	4	5	0
Respects opinions and wishes of others						
Courteous, friendly and thoughtful						

PROFESSIONAL COMPETENCIES

Administrative-- Demonstrates knowledge of:	1	2	3	4	5	0
Administrative practices						
Philosophy of exercise						
Financial procedures						
Public relations						
Areas and facilities						
Care of equipment						
Programming						

Administrative-- Demonstrates knowledge of:	1	2	3	4	5	0
Exercise prescription						

Language, Writing and Speech	1	2	3	4	5	0
Has command of the English language and conveys ideas clearly						
Has a pleasing and effective voice						
Has the ability to write effectively and correctly						
Has the ability to state an opinion before a group						

Leadership	1	2	3	4	5	0
Instills confidence in others						
Stimulates participants to greater effort						
Promotes harmonious relationships						
Organizes and works in a democratic manner						
Delegates responsibilities						
Plans with people rather than for them						
Recognizes and responds to needs and wishes of others						
Brings out the best in people						
Produces effective solutions to disciplinary problems						
Develops group spirit, loyalty and cooperation						
Maintains an attitude of objectivity and fairness to all						

Skills-- Has knowledge of and is skilled in:	1	2	3	4	5	0
Exercise testing						
Music						
Aerobic dance						
Exercise prescription						
Smoking cessation						

Skills-- Has knowledge of and is skilled in:	1	2	3	4	5	0
Stress management						
Exercise equipment						
Social recreation						
Leading group exercise						
Nutrition						
Weight control						
Program evaluation						

Professional Attitude	1	2	3	4	5	0
Has a sincere interest in his/her profession						
Evaluates his/her work and sets goals for improvement						
Is familiar with the professional literature						
Resourcefulness	1	2	3	4	5	0
Is an imaginative and creative thinker						
Is acquainted with resources in the community						
Has a variety of program ideas and skills						
Is familiar with and uses a variety of resources						

Cooperation	1	2	3	4	5	0
Works well with and adjusts to people						
Accepts suggestions and criticism						

Comments : (Please put additional comments on back page)

Agency/Business Supervisor's Signature

Date

Intern's Signature

Date

Date Received _____ University Supervisor _____